臺南市公立麻豆區北勢國民小學105學年度全校一週作息時間表(**低**年級)

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 時間 | 星期  節次 | | 一 | 二 | | 三 | | 四 | 五 |
| 7:20~7:40 | 到校時間 | | | | | | | | |
| 7:40~8:00 | 整潔活動 | | | | | | | | |
| 8:00~8:40 |  | | 晨光時間 | 教師晨會 | | 升旗 | 晨光時間 | | 晨光時間 |
| 8:45~9:25 | 1 | |  |  | |  | |  |  |
| 9:35~10:15 | 2 | |  |  | |  | |  |  |
| 10:15~10:30 | 課 間 活 動 | | | | | | | | |
| 10:30~11:10 | 3 | |  |  | |  | |  |  |
| 11:20:12:00 | 4 | |  |  | |  | |  |  |
| 12:00~12:40 | 午餐刷牙時間 | | | | | | | | |
| 12:40~13:20 |  | 放學 | | 午間靜息 | 放學 | | | 放學 | 放學 |
| 13:30~14:10 | 5 | |  |  | | 教 師 進 修 | |  |  |
| 14:20~15:00 | 6 | |  |  | |  |  |
| 15:10~15:50 | 7 | |  |  | |  |  |
| 15:50~16:00 |  | |  | 放學 | |  |  |

臺南市公立麻豆區北勢國民小學105學年度全校一週作息時間表(**中**年級)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 時間 | 星期  節次 | 一 | 二 | 三 | | 四 | 五 |
| 7:20~7:40 | 到校時間 | | | | | | |
| 7:40~8:00 | 整潔活動 | | | | | | |
| 8:00~8:40 |  | 晨光時間 | 教師晨會 | 升旗 | 晨光時間 | | 晨光時間 |
| 8:45~9:25 | 1 |  |  |  | |  |  |
| 9:35~10:15 | 2 |  |  |  | |  |  |
| 10:15~10:30 | 課 間 活 動 | | | | | | |
| 10:30~11:10 | 3 |  |  |  | |  |  |
| 11:20:12:00 | 4 |  |  |  | |  |  |
| 12:00~12:40 | 午餐刷牙時間 | | | | | | |
| 12:40~13:20 | 午間靜息 | | | | | | |
| 13:30~14:10 | 5 |  |  | 教 師 進 修 | |  |  |
| 14:20~15:00 | 6 |  |  |  |  |
| 15:10~15:50 | 7 |  | 社團活動 |  |  |
| 15:50~16:00 |  | 放學 |  | 放學 | 放學 |

臺南市公立麻豆區北勢國民小學105學年度全校一週作息時間表(**高**年級)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 時間 | 星期  節次 | 一 | 二 | 三 | | 四 | 五 |
| 7:20~7:40 | 到校時間 | | | | | | |
| 7:40~8:00 | 整潔活動 | | | | | | |
| 8:00~8:40 |  | 晨光時間 | 教師晨會 | 升旗 | 晨光時間 | | 晨光時間 |
| 8:45~9:25 | 1 |  |  |  | |  |  |
| 9:35~10:15 | 2 |  |  |  | |  |  |
| 10:15~10:30 | 課 間 活 動 | | | | | | |
| 10:30~11:10 | 3 |  |  |  | |  |  |
| 11:20:12:00 | 4 |  |  |  | |  |  |
| 12:00~12:40 | 午餐刷牙時間 | | | | | | |
| 12:40~13:20 | 午間靜息 | | | | | | |
| 13:30~14:10 | 5 |  |  | 教 師 進 修 | |  |  |
| 14:20~15:00 | 6 |  |  |  |  |
| 15:10~15:50 | 7 |  |  |  |  |
| 15:50~16:00 |  | 放學 | 放學 | 放學 | 放學 |